



Tri Dog 2019
Social /Training Weekend Details

Training weekend details	Venue: Box End Park, Bedfordshire, MK42 8RQ Date: Saturday 1st & Sunday 2nd June 2019
Arrival Time	From 12 pm Friday 31st May 2019
Departure Time	Before 4 pm Sunday 2nd June
Information:	<p>The Tri Dog training weekend will incorporate informal training sessions to include:</p> <ul style="list-style-type: none"> - Swimming with your dog (Saturday afternoon) - Biking with your dog (Coaching session Saturday morning) - Running with your dog (Coaching session Saturday morning) - Basic bike maintenance (Saturday afternoon) - Equipment, session to cover harnesses, lines and additional equipment needed to take part (Saturday afternoon) - Transition training, tips to get you through quicker (Saturday afternoon) - Relay training (Saturday and Sunday morning) <p>(The timings may be subject to change based on weather)</p>
Facilities:	Toilets, showers, on site café & restaurant No hook up for caravans / vans as we are on the rally field
Social:	Saturday night we will be having a BBQ priced at £10 per person – please pre-book this on your entry form
How to book your place:	Fill in our entry form and transfer your money to secure your place, places will be limited so book early to avoid disappointment

Any queries to: tridogevents@hotmail.com